

# LAKE CHAMPLAIN WAVES

## 2009-2010 REGISTRATION FORM FOR SWIMMERS

**Swimmer's Name** \_\_\_\_\_

- Returning Waves Swimmer – Birth Certificate not required.
- New Swimmer to LC Waves – See Checklist below for requirements.

Swimmer's Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Name(s) of Parent(s): \_\_\_\_\_

Address (if different): \_\_\_\_\_

**Phone numbers:** (Complete

Swimmer's: home \_\_\_\_\_ Swimmer's cell \_\_\_\_\_

Parent's work: \_\_\_\_\_ Parent's cell : \_\_\_\_\_

Parent's work: \_\_\_\_\_ Parent's cell : \_\_\_\_\_

Swimmer's E-mail: \_\_\_\_\_ Parent's E-mail: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

Checklist – If you have not swum with the WAVES before you must submit the following information:

- Birth certificate – County or State OR passport. Hospital Certificate is not accepted
- Master swimmers must submit proof of MASTER swimmer membership and a valid birth certificate or

**OPTIONAL:** Race & Ethnicity – USA Swimming collects data which is voluntarily submitted by athletes

African-American   
  Asian   
  Native American or Alaskan Native   
  Other  
 Caucasian   
  Hispanic or Latino   
  Native Hawaiian or Pacific Islander

**A swimmer who is transferring from another team and who has an active registration for USA for the current year must submit a signed and dated transfer form. Please see Registrar.**

2009-2010 WAVES fees. (Circle your preferred plan)			
<b>Plan A</b>	<b>Plan B</b>	<b>Plan C</b>	<b>Plan D</b>
\$500.00	\$380.00	\$425.00	\$295.00
<b>Plan E</b>	<b>Plan F</b>	<b>Developmental</b>	
\$345.00	\$275.00	\$300.00	

Waves Season Fee (from left)	\$ _____
USA Registration \$65.00 (does not apply to Masters)	+ _____
<b>Total</b>	<b>\$ _____</b>

**Return registration form and payment directly to a Coach or Registrar:**

Lake Champlain WAVES Swim Club  
 P.O. Box 2452  
 Plattsburgh, New York 12901

**Questions?**    lcwaves@hotmail.com

Make check payable to the Lake Champlain WAVES.  
 Total amount of check must include USA registration fee and 2009-2010 WAVES fee.

The WAVES swim Monday thru Friday at Memorial Hall Pool from 6-8pm unless otherwise specified on the 2008-2009 swim calendar.

We are offering 7 types of payment plans that are meant to work around the high school swim season and address the needs of our new swimmers.

**Plan A**

**Full Season**, Five practices a week      WAVES season, 9/1/09-5/14/10  
152 sessions for \$418.00  
(\$2.75 a session)

**Plan B**

**Full Season**, Three practices a week      WAVES season, 9/1/09-5/14/10  
108 sessions for \$315.00  
(\$2.91 a session)

**Plan C**

***Excludes HS girls season***      WAVES season 11/09/09-5/14/10  
Five practices a week  
115 sessions for \$335.00  
(\$2.91 a session)

**Plan D**

***Excludes HS girls season***      WAVES season 11/09/09-5/14/10  
Three practices a week  
73 sessions for \$219.00  
(\$3.00 a session)

**Plan E**

***Excludes HS boys season***      WAVES season 9/1/09-11/14/09 and 2/9/10-5/14/10  
Five practices a week  
77 sessions for \$225.00  
(\$2.91 a session)

**Plan F**

***Excludes HS boys season***      WAVES season 9/1/09-11/14/09 and 2/9/10-5/14/10  
Three practices a week  
60 sessions for \$180.00  
(\$3.00 a session)

**Developmental Swimmer Plan**

**Full Season** Three practices a week (the first hour of practice)      9/1/09-5/14/10  
108 sessions for \$250.00

Developmental swimmers are swimmers who are new to the WAVES and are being introduced to stroke technique and the fundamentals of competitive swimming. Developmental swimmers often only have stamina and focus to work productively for 1hour. **The practices for developmental swimmers are the first hour of practice on Monday, Wednesday and Thursday.** The coaches determine if a swimmer is ready to move from up to an abbreviated developmental practice to a full practice.