

## **Nowosielski and Kelley lead swimmers at RPI**

Eleven swimmers from the Lake Champlain Waves swim club competed in the Pilgrim's Pride swim meet at RPI College in Troy, NY on November 13, 2010. Nicholas Nowosielski led the Waves with two firsts, one second and one sixth place finish. Brooke Kelley also swam well for the Waves, with one first, one eighth, and a tenth place finish as well as recording four personal best times. Dan McGovern and Ben Ford placed well, with McGovern finishing in the top eight in three of his four events, including one third place finish, and Ford finishing in the top eight in all four of his events.

Nicholas Nowosielski, competing in the boy's 9-10 year old division, placed first in the 50 yard Freestyle (Free) with a time of 32.32, and first in the 50 yard Backstroke (Back) in 40.72. His time of 1.28.23 in the 100 yard Individual Medley (IM) was good for a second place finish. Nowosielski also finished sixth in the 50 yard butterfly (Fly) in 45.81.

Brooke Kelley grabbed a first place finish in the 100 yard Breaststroke (Breast) with a personal best time of 1.20.01. She took eighth in the 50 yard Fly in 34.64. Kelley swam well in the 50 yard Free with a time of 30.23, taking tenth place. She also swam in the 100 yard Back in 1.17.77, knocking a whopping 24.55 seconds off her time. Swimming in the girl's 11-12 year old division, Kelley recorded personal bests in all four events that she entered.

Daniel McGovern competed in the boy's Open division. He placed third in the 100 yard Fly with a time of 1.02.15. McGovern placed eighth in both the 200 yard IM and the 200 yard Back. He swam a 2.21.48 in the 200 yard IM and a 2.18.29 in the 200 yard Back. McGovern also swam in the 100 yard Breast in 1.18.86, which was 2.14 seconds faster than his previous best. He scored forty points for the Waves.

Benjamin Ford placed sixth in both the 200 yard IM in 2.20.75, and the 100 yard Free with a personal best time of 54.95. He placed seventh in the 200 yard Back in 2.16.68, and eighth in the 100 yard Back with a personal best time of 1.03.20. Competing in the boy's Open division, Ford was the high points scorer for the Waves with 49.

Mikayla Fountain, swimming in the girl's 9-10 year old division, placed ninth in the 50 yard Breast, with a personal best time of 51.05. She also recorded a personal best in the 50 yard Free in 38.93, which was 1.49 seconds faster than previous best. Fountain swam in the 50 yard Fly in 49.76.

Zoe Porter knocked 2.05 seconds off her time in the 100 yard Free with a time of 1.15.28. She had another personal best in the 50 Yard Breast in 45.78. Swimming in the girl's

11-12 year old division, Porter finished in eleventh place in the 50 yard Back in a time of 41.62. She also competed in the 100 yard IM in 1.27.69.

Mary Barkla, competing in the girl's Open division, recorded personal bests in all four events that she entered. Her time of 2.42.98 in the 200 yard IM was a 12.98 second improvement from her previous best, and her time of 2.34.04 in the 200 yard Back was 5.08 seconds faster than ever. Barkla also swam well in the 100 yard Back in 1.12.30, and in the 50 yard Free in 30.47. She scored 5 points for the Waves.

Alexis Kelley competed in two events and recorded two personal bests. She swam in the 100 yard Free in 1.01.86, which was a 0.49 second improvement. Kelley also had best time of 28.87 in the 50 yard Free. Swimming in the girl's Open division, she scored 3.5 points.

Alison Golden competed in two events in the girl's 11-12 year old division. She swam in the 50 yard Back in a time of 55.21, and the 50 yard Free in 43.84.

Barrett Miller had a personal best time in the 50 yard Free with a time of 37.28. Swimming in the girl's 11-12 year old division, she also competed in the 50 yard Breast with a time of 52.01.

Stella Boolukos-Brinker competed in four events and recorded two personal bests. Her time of 2.51.59 in the 200 yard Back was an improvement of 3.73 seconds. Swimming in the girl's 11-12 year old division, Boolukos-Brinker improved her time in the 100 yard Free by 1.10 second with a time of 1.12.78. She also competed in the 100 yard Back in 1.19.19, and in the 50 yard Free in 31.81.