

## **Hall, Friedrich, McCormick, and Boolukos-Brinker lead Waves at Silver Championship meet**

The Lake Champlain Waves sent sixteen swimmers to RPI College in Troy, NY to compete in the Silver Short Course Championship meet. This was a three day meet from March 5- March 7, 2010. This meet is the final qualifier for the Gold Short Course Championship meet. The Waves did well against some tough competition. The team managed to record 51 personal best times and they placed in 39 out of the 83 events that they entered. Taylor Hall, Brittany Friedrich, Henry McCormick, and Stella Boolukos-Brinker led the Waves.

Taylor Hall scored points in every event that she entered for a total of 83 points, placing her third overall in the girl's 15 & over division. She placed third in the 100 yard Breaststroke (Breast) with a personal best time of 1.24.09, and third in the 400 yard Individual Medley (IM) in 5.31.95. She took seventh place in the 200 yard IM in 2.34.37, eighth in the 100 yard Fly in 1.12.81, ninth in the 50 yard Freestyle (Free), and ninth in the 100 yard Backstroke (Back). Hall also placed well in the 200 yard Free with a personal best time of 2.16.69, and the 100 yard Free in 1.04.24.

Brittany Friedrich competed in four events in the girl's 15 & over division, picking up a first, a third, a fourth, and a tenth place finish. Her times in all four events were personal bests. Her time of 2.28.79 in the 200 IM was 3.91 seconds faster than her previous best and good for a first place finish. Friedrich placed third in the 200 yard Free in 2.14.02, fourth in the 100 yard Free in 1.01.22, and tenth in the 100 yard Back in 1.14.15. She scored 58 points for the Waves.

Henry McCormick finished second in two events, and placed fourth in one and fifth in another. Competing in the boy's 13-14 year old division, he scored 63 points, and recorded three personal best times. McCormick placed second in the 200 yard Breaststroke (Breast) with a personal best time of 2.44.18, and second in the 500 yard Free in 5.48.67. His time of 2.02.03 in the 200 yard Free was a whopping 21.20 seconds faster than his previous best, and was good for a fourth place finish. McCormick placed fifth in the 100 yard Back with another personal best time of 1.09.82.

Stella Boolukos-Brinker competed in the girl's 11-12 year old division. She placed second in the 100 yard Back with a personal best time of 1.18.55. That was 3.29 seconds faster than her previous best in that event. Boolukos-Brinker also recoded another personal best in the 50 yard Fly with a time of 41.66. She also swam in the 100 yard Free in 1.14.43. Boolukos-Brinker scored 17 points for her team.

Brooke Kelley swam in ten events and recorded eight personal best times. Competing in the girl's 11-12 year old division, she also scored 26.5 points. Kelley placed fourth in the 100 yard Breast with a personal best time of 1.28.68, and eighth in the 50 yard Breast in 40.74, which was also a personal best time. She knocked off 8.75 seconds from her 200 yard Free with a time of 2.31.38. Other personal best performances by Kelley were the 200 yard IM in 2.50.32, the 50 yard Free in 32.20, the 100 yard Free in 1.09.39, the 100 yard IM in 1.21.33, and the 50 yard Back in 39.62. Kelley also swam in the 100 yard Fly in 1.31.42, and the 50 yard Fly in 39.11.

Haani Qudsi competed in the boy's 11-12 year old division. He recorded personal bests in all six events he swam in. Qudsi placed fourth in the 50 yard Breast with a personal best time of 42.90. He placed in the 50 yard Free in 31.98, and the 50 yard Back in 38.90. Qudsi also competed in the 100 yard Breast in 1.39.54, the 100 yard Free in 1.15.14, and the 100 yard IM in 1.27.43. He scored 28 points for the Waves.

Preston Ihrig scored 42 points by placing in four of the five events that he swam in. He placed fifth, and knocked 2.05 seconds off his best time, in the 50 yard Free with a time of 49.71. Ihrig also placed fifth in the 100 yard Free in 1.50.11, eighth in the 25 yard Back in 23.28, and fourteenth in the 25 yard Fly in 30.11. Swimming in the boy's 8 & under division, he also swam in the 25 yard Free in 21.61.

Hamzah Qudsi swam in only two events in the boy's 13-14 year old division, yet he scored 26 points and recorded two personal bests. He placed fifth in the 200 yard Back and improved his time by 6.35 seconds, with a time of 2.27.21. Qudsi's time of 1.19.72 in the 100 yard Breast was 4.07 seconds faster than his previous best, and was good for seventh place.

Mary Barkla improved her time in the 100 yard Free by 3.71 seconds with a time of 1.07.73. Her time of 1.17 in the 100 yard Back earned her sixteenth place and one point. Barkla swam in the girl's 13-14 year old division.

Emily McCormick improved her times in three of the six events that she swam in. She picked up tenth place in the 50 yard Free with a personal best time of 36.61. Her time 1.41.15 in the 100 yard Back was a 13.10 second improvement from her previous best, and she swam 7.70 seconds faster than ever in the 100 yard Free with a time of 1.21.31. McCormick also swam in the 50 yard Back in 48.22, the 100 yard IM in 1.45.83, and the 50 yard Breast in 57.32. She scored seven points for the Waves.

Zackary Raymond competed in six events in the boy's 9-10 year old division. He scored 28 points and recorded one personal best time. Raymond's eleventh place time of 1.42.43 in the 100 yard Back was a 5.26 second improvement over his previous best time. He also placed eleventh in the 50 yard Free in 56.06, and in the 50 yard Free in 38.27. Raymond placed twelfth

in the 100 yard Free in 1.28.39, and in the 100 yard IM in 1.45.87. He also competed in the 50 yard Breast in 59.91.

Kenneth Hausrath improved his times in four of the nine events that he swam in. His time of 3.05.82 in the 200 yard Breast was a 4.69 second improvement from his previous best. Hausrath placed in the 200 yard IM with a time of 2.49.82, the 100 yard Breast in 1.25.43 (a personal best), and the 200 yard Back in 2.53.80. He recorded personal bests in 100 yard Back in 1.17.29, and the 100 yard Fly in 1.22.93. Hausrath also swam in the 50 yard Free in 30.23, the 200 yard Free in 2.41.22, and the 100 yard Free in 1.09.72. Swimming in the boy's 13-14 year old division, he scored 8 points.

Ellen Silverman swam in the girl's 13-14 year old division. She improved her time in all seven events that she entered. Silverman's biggest improvement was in the 200 yard IM, where she improved her time by 7.77 seconds with a time of 2.51.75. She also swam in the 200 yard Free in 2.38.78, the 100 yard Back in 1.23.79, the 100 yard Free in 1.11.49, 100 yard Fly in 1.19.65, the 100 yard Breast in 1.35.46, and the 50 yard Free in 32.59.

Katie Adams knocked 4.33 seconds off her best time in the 100 yard Free with a time of 1.11.39. Swimming in the girl's 11-12 year old division, she also swam in the 100 yard Back in 1.24.16, and in the 50 yard Breast in 46.88.

Mikayla Fountain, swimming in the girl's 9-10 year old division, improved her time in all six events that she swam in. Her time of 1.40.88 in the 100 yard Free was a 9.38 second improvement from her previous best. Fountain also improved her times in the 100 yard Breast with a time of 2.05.05, the 50 yard Breast in 55.17, 100 yard IM in 1.52.88, the 50 yard Free in 44.43, and the 50 yard Back in 54.48.

Alison Golden swam in the girl's 9-10 year old division. Her time of 42.62 in the 50 yard Free was a 2.28 second improvement from her previous best. Golden also swam in the 50 yard Back in 56.86.