

Cotrona & Kelley sisters top Waves

The Lake Champlain Swim Club competed in the Thoroughbred Splash swim meet at Skidmore College in Saratoga Springs, NY on January 30, 2011. Fourteen teams fielded a total of 375 athletes, including twenty members of the Waves. Sierra Cotrona, Brooke Kelley, Alexis Kelley, and Henry McCormick all turned in superb performances. Cotrona took one first, two seconds, and one fourth place finish, while Brooke Kelley recorded two seconds, one third and one fifth place finish. Alexis Kelley picked up one second, one third, one sixth, and one seventh place finish, and Henry McCormick earned one third and one fourth place finish.

Sierra Cotrona, competing in the Girl's 13 & over division, placed first in the 100 yard Breaststroke (Breast) with a time of 1.14.68. She placed second in the 200 yard Freestyle (Free) with a personal best time of 2.05.37, and second in the 200 yard Individual Medley (IM) with a time of 2.27.64. Cotrona placed fourth in the 50 yard Free in 28.02.

Brooke Kelley placed second in the 200 yard Free with a personal best time of 2.21.81, and second in the 50 yard Breast in 36.79. Swimming in the Girl's 11-12 year old division, she placed third in the 100 yard Free in 1.05.44, and fifth in the 50 yard Free in 30.28.

Alexis Kelley took second place honors in the 100 yard Butterfly (Fly) with a time of 1.09.93. She placed third in the 100 yard Free in 1.01.28, sixth in the 100 yard Backstroke (Back) with a time of 1.11.45, and seventh in the 50 yard Free in 28.30. Kelley competed in the Girl's 13 & over division.

Henry McCormick swam in the Boy's 13 & over division. He placed third in the 500 yard Free with a time of 5.37.25, knocking 11.42 seconds off of his previous best time. McCormick placed fourth in the 100 yard Breast in a time of 1.13.81, which was also a personal best.

Stella Boolukos-Brinker performed well in the Girl's 11-12 year old division. She took third place in the 50 yard Free with a time of 29.88. Boolukos-Brinker's time of 34.19 in the 50 yard Fly was a 6.31 second improvement and was good for fifth place. She also finished in fifth place in the 50 yard Back in 35.91, and she placed sixth in the 100 yard free with a personal best time of 1.07.66.

Brittany Friedrich placed fourth in the 200 yard Free with a personal best time of 2.11.67. Competing in the Girl's 13 & over division, she placed sixth in the 200 yard IM with a time of 2.30.66, and sixth in the 500 yard Free in 5.56.28. Friedrich also swam well in the 50 yard Free in a time of 28.44.

Molly Wilkins took fourth place in the 100 yard Free with a personal best time of 1.01.51. She also competed in the 100 yard Back in 1.12.04, the 50 yard Free in 28.69, and the 200 yard IM in 2.41.80. Wilkins competed in the Girl's 13 & over division.

Hamzah Qudsi swam in the Boy's 13 & over division. He placed sixth in both the 100 yard Fly in a personal best time of 1.07.53, and in the 100 yard Back with a time of 1.08.63. Qudsi placed seventh in the 50 yard Free in 26.36.

Mary Barkla, swimming in the Girl's 13 & over division, improved her time in the 100 yard Back with a time of 1.12.04. She also swam in the 100 yard Free in 1.06.51 and in the 50 yard Free in 30.17.

Hanni Qudsi knocked 8.40 seconds off his time in the 100 yard Breast, with a time of 1.31.14. Swimming in the Boy's 13 & over division, he swam in the 50 yard Free in 31.09, the 100 yard Free in 1.11.73, and the 100 yard Back in 1.41.21.

Ellen Silverman swam in the 100 yard Fly in 1.18.80, the 100 yard Breast in 1.32.48, the 100 yard Back in 1.21.62, and the 50 yard Free in 32.03. She competed in the Girl's 13 & over division.

Rebecca Brown also competed in the Girl's 13 & over division, knocking 4.53 seconds off of her time in the 500 yard Free with a time of 6.24.03. She swam the 50 yard Free in 31.54, and the 100 yard Back in 1.23.30.

Emily McCormick recorded a personal best in the 100 yard Free with a time of 1.13.26. She swam the 200 yard IM in 3.06.02, the 50 yard Free in 33.26, and the 50 yard Breast in 45.34. McCormick swam in the Girl's 11-12 year old division.

Zoe Porter improved her time in the 100 yard Free by 2.20 seconds with a time of 1.13.08. Competing in the Girl's 11-12 year old division, she swam the 200 yard IM in 3.09.07, the 50 yard Back in 40.71, and the 50 yard Breast in 45.82.

Paige Vaccaro, competing in her first meet as a Wave, swam the 100 yard Free in 1.06.18, the 100 yard Breast in 1.29.56, and the 50 yard Free in 30.51. She swam in the Girl's 13 & over division.

Mikayla Fountain, swimming in the Girl's 11-12 year old division, improved her times in all four events that she entered. Her time of 43.00 in the 50 yard Fly was a 5.38 second improvement on her previous best. Fountain also improved in the 50 yard Back with a time of 42.38, the 50 yard Free in 38.86, and the 50 yard Breast in 50.92.

Megan Zmijewski also improved her times in all three of the individual events that she entered. She improved her time in the 100 yard Breast by a whopping 11.82 seconds with a time of 1.43.44, and her time in the 100 yard Free by 9.39 seconds with

a time of 1.16.70. Zmijewski, swimming in the Girl's 13 & over division, also swam a best time in the 50 yard Free in 36.13.

Lydia Brown also competed for the first time as a Wave. Swimming in the Girl's 11-12 year old division, she swam the 50 yard Free in 35.25, the 50 yard Back in 43.17, and the 50 yard Fly in 49.51.

Barrett Miller recorded a personal best in the 50 yard Breast with a time of 49.58. Competing in the Girl's 11-12 year old division, she also swam the 100 yard Free in 1.21.67.

Tenzin Dorjee improved her times in two of the three events that she swam in. Her time of 44.42 in the 50 yard Back was a 3.34 second improvement from her previous best. She also improved in the 50 yard Free with time of 38.83. Competing in the Girl's 11-12 year old division, she also swam in the 50 yard Breast with a time of 50.79.

The mixed 13 & over 200 yard Free Relay team of Alexis Kelley, Molly Wilkins, Sierra Cotrona, and Henry McCormick placed second with a time 1.48.48. The mixed 13 & over 200 yard Free Relay team of Megan Zmijewski, Ellen Silverman, Rebecca Brown, and Haani Qudsi placed tenth with a time of 2.11.99.